

HAND HYGIENE QUIZ

Name: _____

Date: _____

1.	T	F	Our Hand Hygiene program is a "Red Rule". This means that we are not to miss an opportunity to preform hygiene before and after every patient contact. If a missed opportunity is observed anyone and everyone is encouraged to remind the healthcare staff by stating, "Red Rule" in an effort to minimize the spread of hospital infections and protect our patients.
2.	T	F	The preferred method of hand hygiene is using an alcohol based hand degermer rubbing until completely dry.
3.	T	F	It is not necessary to wash hands after removing your gloves.
4.			Circle all that apply: When MUST you use soap and water to clean your hands instead of alcohol degermer: a) hands are visibly soiled; b) while wearing gloves; c) after using the bathroom; d) when caring for a patient w/ C-difficile; e) when hands are sticky
5.	T	F	In the above situation (question #4) our Medical Center Policy requires that when using soap & water to preform hand hygiene vigorous rubbing of hands together, causing friction, covering all surfaces of hands, wrists and fingers is required for AT LEAST 15 seconds.
6.			The WHO has identified Five Moments for Hand Hygiene (before & after contact w/ patients or patient surrounding, before performing an aseptic task, or after exposure to blood or body fluids). Name 4 more: a) _____; b) _____; c) _____; d) _____
7.	T	F	It is acceptable to have artificial nail enhancements (nail tips, jewelry, gels, wraps, etc.) when caring for patients.
8.	T	F	Finger nails are to be short and not extend beyond the tips of your fingers.
9.	T	F	It is safe to use your personal hand lotion after using soap and water since the soap is very drying to your hands.
10.	T	F	In the NICU it is acceptable to wear jewelry and long sleeve garments.
11.	T	F	It is acceptable to use an alcohol based hand degermer when your hands are visibly soiled or when your patient has C-difficile.
12.	T	F	Anyone on an NICU rotation must perform a one (1) minute scrub with soap and water at the beginning of their shift OR anytime they return to the unit to provide patient care. After drying hands w/ a paper towel you must perform a final step consisting of using an alcohol based hand degermer and rubbing all surfaces of hands until dry.
13.	T	F	The preferred method to preform hand hygiene in the NICU is by using soap and water.
14.	T	F	Natural nails of healthcare workers are not to extend beyond the tips of the fingers.